



**"WE HAVE BEEN CALLED TO  
HEAL WOUNDS, TO UNITE  
WHAT HAS FALLEN APART,  
AND TO BRING HOME THOSE  
WHO HAVE  
LOST THEIR WAY."**

-ST. FRANCIS OF ASSISI

### **Recovery is possible.**

We know you may have gone through many challenges before arriving at our door, but we also know recovery is possible. Our person-centered treatment has helped thousands of men reclaim their lives from the grip of addiction. We know it works. We see the proof every day.

### **Get Help Today**

St. Christopher's Inn helps thousands of men a year achieve and maintain recovery from drug and alcohol addiction. **You can be one of them!**

### **Where Hope & Compassion Meet**

St. Christopher's Inn accepts most major insurances, Medicare and Medicaid. If you do not have insurance, we may still be able to help you.

**STCHRISTOPHERSINN-GRAYMOOR.ORG**  
**(845) 335-1022**

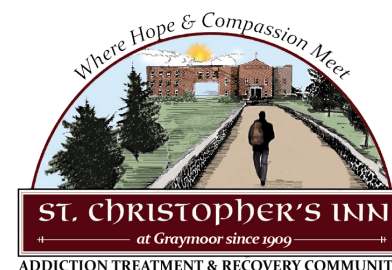
**St. Christopher's Inn at Graymoor**  
**21 Franciscan Way**  
**Garrison, NY 10524**  
**Conveniently located in the Hudson Valley**  
**57 miles north of NYC**  
**(easily accessible by train)**

**[stchristophersinn-graymoor.org](http://stchristophersinn-graymoor.org)**

**Call (845) 335-1022**  
**to speak with an**  
**Admissions Coordinator**  
**or**  
**Community Outreach**  
**(845) 335-1019**



# **ST. CHRISTOPHER'S INN**



## **Transforming Lives through Healing and Hope**



# Integrating professional and compassionate treatment with Franciscan Hospitality



Inpatient  
Treatment



Telehealth  
Outpatient  
Treatment



Medication  
Assisted  
Therapies



Family  
Programming



Sober-Living  
Opportunities



Alumni  
Association  
Support



Virtual Narcan  
Training

## RESIDENTIAL TREATMENT PROGRAM

St. Christopher's Inn is a NYS OASAS licensed residential program that operates 24 hours, a day, 7 days a week, and provides long-term integrated treatment services to residents. Healing from alcohol and substance use takes time and clinical consideration to all areas in a person's life that may have been negatively affected. Through a person-centered treatment approach, St. Christopher's Inn assists men along their journey to recovery.

## TELEHEALTH PROGRAM & INDIVIDUAL AND FAMILY SUPPORT

St. Christopher's Inn offers remote on-line addiction treatment through its community outpatient Telehealth Program. The Telehealth Program offers individual sessions, lectures and groups on recovery, relapse prevention and family treatment and support. You can expect the same quality of care as the men in our Residential Treatment Program.

## THE IMPORTANCE OF AFTERCARE—SOBER LIVING AND ALUMNI SUPPORT

Solid aftercare planning improves long-term recovery. At St. Christopher's Inn, working with your primary counselor, you will begin developing an aftercare plan from your first day of treatment, to maximize the opportunity for sustained recovery, you may be referred to a sober-living community.

St. Christopher's Inn offers two transitional living homes—San Damiano House and Farm on the grounds of Graymoor in Garrison, NY and the Brothers Christopher House in White Plains, NY. Staffed by professional clinicians, both offer opportunities to grow in sobriety and prepare for transitioning back to your own community.

As a Brother Christopher, as the men who come to us for treatment are known, you will be part of a fellowship of alumni who will offer support and activities that promote long-term sobriety.

## OUR HOLISTIC APPROACH

Our mission is to offer you a continuum of exceptional care that facilitates physical, emotional and spiritual healing within a Recovering community open to all. Counselors will work closely with you to develop a treatment plan to meet your goals and objectives. During your stay, you will learn about yourself, the recovery process and how to establish a continuum of care for your sober lifestyle through:

- Individual Counseling
- Group Therapy
- Spiritual Direction and Meditation
- Holy Mass, Confession and Devotions (optional)
- Interfaith Prayer
- Recovery and Health-Related Lectures
- Medication Management for Mental Health
- Medication-Assisted Therapies (Suboxone and Vivitrol)
- Educational and Vocational Service and Activities
- Certified Recovery Peer Advocates (CRPA)
- Grief and Loss Groups
- Art Therapy
- Help with Quitting Smoking and Tobacco Use
- Choir (no special skills necessary)
- Encouragement Group
- Nature Walks
- Exercise, Yoga, and Recreational Activities
- Family Support Program

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You can be one of them! Recovery is possible!

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**YOU ARE A GOOD MAN, WORTHY OF  
LOVE AND RESPECT.**

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**CONTACT US TO LEARN MORE**

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**TO SPEAK WITH AN  
ADMISSIONS COORDINATOR**

**OR**

**COMMUNITY OUTREACH**

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*"The care and concern by my counselor and supporting staff shows the love that I didn't know existed." -Daniel*