



May is Mental Health Awareness Month

MAY 2021



THE RYEACT YOUTH ACTION TEAM AND THEIR FRIENDS
FROM THE PUTNAM COUNTY YOUTH COALITION
TEAMED UP TO SHARE MESSAGES
DIRECTLY FROM THEMSELVES AND THEIR PEERS
TO ADULTS IN OUR COMMUNITIES.
HERE'S WHAT THEY HAD TO SAY...

Click here to watch the Youth Coalition Video
<https://www.youtube.com/watch?v=mL5LbzDEmZo>



#31DAYSOFMENTALHEALTH #MENTALHEALTHMATTERS #MENTALHEALTHAWARENESS